



Seasonal & Holiday Journal Prompts for Kids



Spring Journal Prompts

- What are your favorite signs of spring?
- Write a long list of words that make you think of spring.
- How do you feel on rainy spring days?
- What do you want to do on the first really warm spring day?
- Imagine a conversation between spring flowers in the garden.
- What does spring sound like? What does it smell like?

Do you like rainy days or sunny days best?

- What will you miss about winter?
- Tell a story about a bear just waking up from winter hibernation.
- Would you rather play in a mud puddle or fly a kite?



Summer Journal Prompts

- Would you rather swim in the ocean or a swimming pool?
- Imagine what life would be like if you lived in a sand castle and describe it.
- Plan the perfect summer picnic. What would it include, where would it be, and who would be with you?
- What are your favorite summer games to play outside?
- Write about how it feels to catch fireflies.
- What do you miss about school during summer break?
- Describe how it feels to eat a popsicle on a hot summer day.
- If you drove an ice cream truck, what yummy new flavors would you sell?
- Would you like to live in a world where it was always summer? What would it be like, and what would you miss about the other seasons?
- What's your favorite summer memory?



Fall Journal Prompts

- Describe the colors of the trees in fall.
- How do you feel when the leaves start to fall off the trees?
- Tell a story about a scarecrow that is scared of crows.
- Pretend you're a squirrel and describe how you get ready for winter.
- What does your family do to welcome fall?
- On a rainy fall day, would you rather read a book by the fire or go for a walk in the woods?
- Write about a trip to a pumpkin patch.
- What foods do you love to eat in the fall?
- How do you feel when it starts getting dark earlier and earlier?
- What makes autumn special to you?

Winter Journal Prompts

- How do you feel when it snows for the first time in winter?
- What do you like best about winter?
- Tell a story about a kid whose best friend is a snowman.
- Describe how it feels to ride a sled down a hill.
- Would you rather wear mittens or gloves? Why?
- Write about an epic snowball fight.
- Imagine what it would be like to live in a castle made of ice.
- What can you do in winter that you can't do any other time of year?
- Invent a new winter sport or game.
- Write about what it feels like to come into a warm house on a cold day.



First Day of School

- How do you feel about the first day of school?
- What are you most excited to learn this year?
- What do you wish your teacher knew about you?
- What's one goal that's especially important to you this year?
- What do you hope your new classroom and teacher will be like?



Halloween

- Write about your dream costume for Halloween.
- What scares you most, and why?
- Would you rather play a trick or get a treat?
- Tell a story about a jack-o'-lantern that comes to life.
- Should kids be allowed to eat as much candy as they want on Halloween?
Why or why not?



Thanksgiving

- Make a long list of things you're thankful for.
- Write a letter to someone you love telling them how grateful you are for them.
- Imagine what would happen if a Thanksgiving turkey came back to life.
- Describe your favorite Thanksgiving foods.
- What are some ways to say "thank you" without using the words?



Hanukkah

- How do you feel when you look at the candles on the menorah?
- What's your favorite family Hanukkah tradition?
- If you could invite anyone to join your Hanukkah celebration, who would it be and why?
- Invent a new Hanukkah game.
- Tell a story about a magical dreidel and the children who find it.



Christmas

- What are your favorite Christmas traditions?
- What's the best gift you've ever gotten?
- Describe your favorite Christmas cookies or other special treats.
- Imagine what would happen if you went for a ride in Santa's sleigh.
- How do you help others feel happy on Christmas?



New Year's

- How are you different now than when this year started?
- What are some things you want to do in the new year ahead?
- Have you ever stayed up until midnight? How did you stay awake?
- Describe what it would be like to be in Times Square on New Year's Eve.
- What traditions are important to your family on New Year's Eve or New Year's Day?



❤️ Valentine's Day

- Design a valentine you'd like to give to someone special.
- What are some ways to say "I love you" without using the words?
- If animals gave valentines, what would they say?
- Do you like being hugged? Why or why not?
- Write a Valentine's Day message to yourself.

💕 Mother's Day / Father's Day

- What do you love most about your mom or dad?
- Describe a time when your mom or dad did something nice for you.
- How do you make your mom or dad laugh?
- What gift do you wish you could give your mom or dad, and why?
- Imagine what your mom or dad was like when they were your age.

🎓 Last Day of School

- What are your favorite memories from this school year?
- What did you enjoy learning most?
- What did you find hard this year, and how did you handle it?
- When you think about this year, what makes you feel proud?
- Who were your best friends this year, and what makes them special?