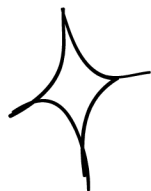




Journal Prompts for Kids: Fun, Creative, and Simple Writing Ideas



Journal Prompts for Preschool and Kindergarten (Drawing & Early Writing)

Classroom:

- Draw a picture of your teacher, and choose some words that show how you feel about them.
- Make a picture showing you and your friends learning at school.
- Draw a picture of you playing with your favorite toy at school.
- How do you feel when you're at school? Draw a picture to show those feelings.

Choose a letter of the alphabet and draw pictures of items starting with that letter.

At Home:

- Draw your favorite animal, then tell why you like it.
- Describe your day in pictures, then explain each picture out loud.
- What kind of weather do you like best? Draw a picture and choose some words that describe it.
- What's your favorite color? Draw pictures of things that are that color.
- Close your eyes and listen for one minute. Then, open your eyes and draw a picture of what you heard.
- Draw a picture of how you feel when something makes you sad.
- Draw a picture of yourself wearing your favorite outfit. Explain how you feel when you wear it.
- Illustrate these emotions: happy, excited, worried, and angry.
- Draw a picture of something that scares you, and explain why it makes you feel this way.
- Draw a picture that will make someone laugh.





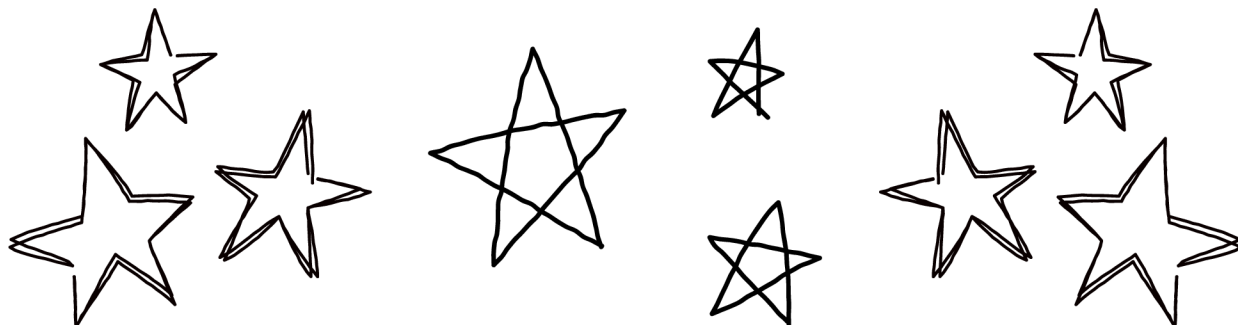
Journal Prompts for Early Elementary Kids: First Grade (Ages 6–7)

Classroom:

- What's something new you'd like to learn how to do?
- Design the perfect new playground. What would it include and look like?
- What part of your classroom or school do you like best, and why?
- If you could change one thing about your school, what would it be?
- What is your favorite classroom job, and why do you like it?

At Home:

- What do you like to do outside in winter?
- Who is your best friend? Write a list of at least 10 words to describe them.
- How do you calm down when you feel angry?
- Where is your favorite place to be, and why do you love it?
- What season do you like best, and why?
- If you could visit anyplace in the world, where would you go, and why?
- Describe the last time you were excited about something.
- Describe the perfect meal. What would it be and where would you eat it?
- How do you feel when you're not good at something right away?
- Describe how you feel when you listen to, play, or sing your favorite song.





#1 Most Downloaded Kids' App

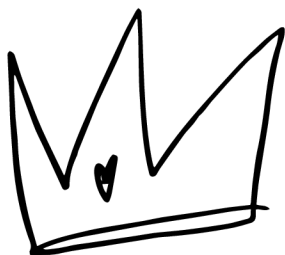
Journal Prompts for Early Elementary Kids: Second Grade (Ages 7–8)

Classroom:

- What do you like most about school?
- What's something you wish you could do better? How can you get better at it?
- Describe the funniest thing that happened at school this week.
- Design the perfect classroom for students like you.
- What school rule would you change if you could, and how?

At Home:

- Describe how you celebrated your last birthday.
- How do you help yourself fall asleep when you don't feel sleepy?
- Are you scared of the dark? Why or why not?
- Pick a color, and write down all the words that make you think of that color.
- What do you think you'll be doing a year from today?
- What's something you're scared to try? Why?
- What food do you really dislike? How does it taste or make you feel when you eat it?
- If you could be any character in a book, show, or movie, who would you be and why?
- Pick a family member, and make a long list of words to describe them.
- Write about a time you made a mistake, and how you fixed it.





Journal Prompts for Upper Elementary Kids: Ages 8–10

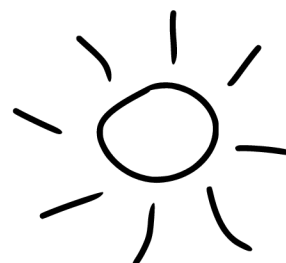
Classroom:

- Write about the best teacher you've ever had, and why you liked them so much.
- Write a letter to a famous person from history that you admire.
- What school subject do you like the least? Why don't you like it?
- What school subject do you like the best? Why do you like it?
- What's something you wish your teacher knew about you?
- What's something you learned recently that surprised you?



At Home:

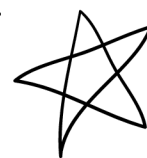
- Invent a new sport or game, and describe the rules.
- What planet would you like to live on if you could, and why?
- Describe a time when you hurt someone's feelings, and how it made you feel.
- What do you say to yourself when you need some encouragement?
- What's your earliest memory?
- Describe what the world will be like 100 years from now.
- What do you enjoy doing on rainy days?
- Describe the last time you helped someone, and how it made you feel.
- What do you think your life will be like in 10 years?
- Write about the perfect summer day.





Creative Story Starter Journal Prompts

- The day Juan's parents turned into penguins was a very strange day indeed.
- "I mean it!" shouted Alice, slamming the door. "I'm never talking to you again!"
- When we planted the seeds the old woman gave us, we could never have guessed what would grow.
- We couldn't believe our eyes—a real treasure map, and X marked the spot!
- Once upon a time, three little mice lived in an old shoe in a dusty attic.
- To be honest, I didn't really like old Mr. Lee the first time I met him.
- It was a sunny spring afternoon when I realized I had lost my shadow.
- As the plane took off, Oliver felt very excited, and a little bit scared.
- "And now," said the genie, floating above his golden lamp, "you may make your first wish. What will it be?"
- I was six years old when my parents told me we were moving to the moon.



Fun & Silly Imaginative Prompts

- What would life be like if we all walked on our hands instead of our feet?
- Write a conversation between your left shoe and your right shoe.
- Imagine all the teachers at your school were replaced by animals—what creatures would they be and how would people react?
- Describe a day in the life of your favorite toy.
- What would happen if every time you opened your backpack, a different kind of bird flew out?
- If you had a magic wand that would turn all vegetables into candy, would you use it? Why or why not?
- If animals could talk, which one would be the most annoying, and why?
- What would the world be like if babies could talk as soon as they were born?



Fun & Silly Imaginative Prompts Cont.

- Combine parts of three different animals to make a new one (like an elephant's trunk, the shell of a turtle, and the wings of an ostrich). What would you call it, and what would its life be like?
- Invent a superhero with a very silly power—what is their name, and how do they use their superpower?

Feelings & Gratitude Prompts



- Describe a time when you felt very happy.
- Write about something that always makes you laugh.
- When was the last time you felt afraid, and why?
- How do you cheer yourself up when you feel sad?
- Tell about a time when you were angry, and how you acted because of it.
- Who can you turn to when you need help or advice?
- Describe a time when someone helped you, and how it made you feel.
- Make a list of 10 things you're thankful for today.
- Write a letter to someone thanking them for something kind they've done for you.
- What are some ways you can thank someone without using any words?



All About Me Prompts

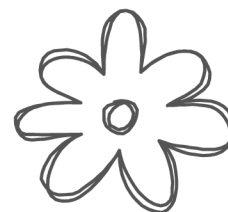


- Describe yourself using words, or draw a picture instead.
- Make a long list of your favorite things: color, food, book, movie, game, place, friends, etc.
- Describe your bedroom in detail.
- Draw a map of your neighborhood and label all the locations.
- Describe your family members—their names, what they look like, what you love about them, and more.



All About Me Prompts Cont.

- What are some things you don't like, and why?
- Who are your closest friends, and why do you like them?
- What would you like to do for a job someday?
- What do you like most about yourself?
- What are some things you do really well?



Would You Rather... Prompts

- Go to the top of Mt. Everest or the bottom of the ocean?
- Have a house at the beach or in the middle of a forest?
- Read a book or play a game?
- Play at home or go to the park?
- Have a pet hippopotamus or a pet kangaroo?
- Be able to turn invisible or fly like a bird?
- Always have to shout or always have to whisper?
- Give up ice cream or pizza?
- Be a tree or a wildflower?
- Live 100 years in the past or 100 years in the future?



Seasonal & Special Occasions Prompts

- What's your favorite thing about spring/summer/winter/fall, and why?
- Which holiday is your favorite, and why do you enjoy it?
- What are some of your favorite [choose a holiday] traditions?
- Describe the best present you ever got, and how it made you feel.
- How do you pick out a gift for someone that you know they'll love?
- What are some ways to say "I love you" without using the words?



Seasonal & Special Occasions Prompts Cont.

- Plan out your next Halloween costume in detail.
- What food do you look forward to most on Thanksgiving, and why?
- How do you feel when you watch fireworks?
- What's one goal you have for the new year ahead?

Daily Journal Prompts for Kids

Sunday:

- What are you looking forward to this week?
- What are your goals for this week?

Monday:

- What's the biggest challenge you're facing right now?
- What's one small thing you can do to make this a great week?

Tuesday:

- What made you smile today?
- How did you make someone else smile today?

Wednesday:

- What's something new you learned today?
- How have you helped someone recently?

Thursday:

- What do you feel proud of today?
- What are you grateful for today?

Friday:

- What will you do for fun this weekend?
- What's something new you'd like to try?

Saturday:

- What was the best part of your week?
- What made you feel calm and peaceful this week?

