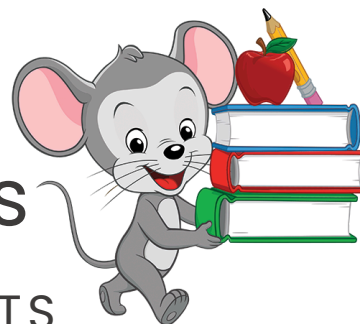




Back-to-School Checklist for Families



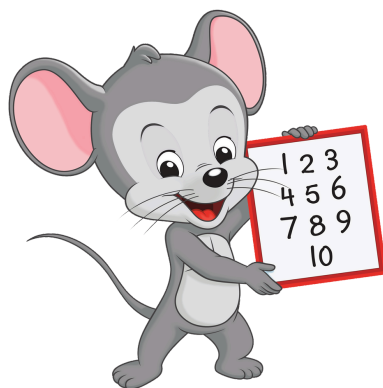
ONE MONTH BEFORE SCHOOL STARTS

- ☐ Check school website for back to school information and updates
- ☐ Confirm the school's start date and any Meet-the-Teacher or Back-to-School events. Add important dates to your personal calendar.
- ☐ First Day of School: _____
- ☐ Schedule medical appointments and complete any needed medical paperwork for the school. Request a second set of medications to have on hand at school if needed.
 - ☐ Doctor: _____
 - ☐ Dentist: _____
 - ☐ Other: _____
- ☐ Update or register in the school's parent portal
- ☐ Follow school social media pages and register for communication apps
- ☐ Apply for free/reduced lunch, if needed
- ☐ Arrange before/after school care, if needed
- ☐ Review last year's clothes and shoes and donate what's outgrown
- ☐ Shop for uniforms or school clothes and shoes
- ☐ Obtain supply list from school or teacher when available
- ☐ Watch for back-to-school sales or tax breaks
- ☐ Explore and budget for school fees (academic and extracurricular)
- ☐ Start your ABCmouse free trial, and spend 15 minutes daily on academic games and learning
- ☐ Other: _____
- ☐ Other: _____



TWO WEEKS BEFORE SCHOOL STARTS

- ☐ Confirm or arrange transportation (bus info, carpool, walking route, etc.)
- ☐ Purchase school supplies based on list or needs
- ☐ Buy new backpack, lunchbox, water bottle or clean existing ones
- ☐ Schedule back-to-school haircut
- ☐ Place/Time: _____
- ☐ Label all supplies, clothing, lunchboxes, backpacks, etc.
- ☐ Discuss any concerns or fears your child has about going back to school. Try reading a few of our Back to School Books to help ease jitters and build excitement for the first day.
- ☐ Review and practice recommended school safety protocols
- ☐ Set goals and expectations for the year ahead for your child (and yourself!)
- ☐ Organize areas of your home that you'll need to quickly and frequently access, such as hall closets, mudrooms or dropzones, the pantry, and desk or work areas. Continue spending time daily on academic games or enrichment with ABCmouse or other learning methods
- ☐ Other: _____
- ☐ Other: _____





ONE WEEK BEFORE SCHOOL STARTS

- ☐ Confirm school start time and classroom assignment or class schedule
 - ☐ Start and End Times:
 - ☐ Teacher/Homeroom:
- ☐ Attend orientation, open house, or meet-the-teacher events (if scheduled)
 - ☐ Date/Time:
- ☐ Test out or confirm transportation routine
 - ☐ Notes:
- ☐ Review emergency contacts and update school forms if needed
- ☐ Organize paperwork: physicals, allergy plans, medication forms
- ☐ Confirm before/after school care arrangements
- ☐ Update your personal calendar with important school dates
- ☐ Start practicing the school-year bedtime and morning routine
- ☐ Set up or refresh homework/study area at home
- ☐ Decide where you'll keep important papers that come home from school and create a system to note papers to sign and return to school.
Stock up on breakfast, lunch, and snack items
- ☐ Plan and shop for at-home meals for first week of school
- ☐ Pay school fees and fund school lunch account if needed
- ☐ Plan and launder school outfits or uniforms for the first week
- ☐ Fill out monthly family calendar and hang in a central location
- ☐ Print out Back-to-School coloring pages and worksheets as fun and simple activities to help get ready for the big day.
- ☐ Other: _____
- ☐ Other: _____



ABCMouse®

#1 Most Downloaded Kids' App

DAY BEFORE FIRST DAY OF SCHOOL

- ☐ Lay out clothes for morning
- ☐ Pack lunch or review procedure for school cafeteria lunch
- ☐ Pack backpack with supplies
- ☐ Prepare "First Day of [Grade]" signs for photos
- ☐ Set alarm clocks (add a few extra minutes to ensure you're not rushed)
- ☐ Review morning routine
- ☐ Verify end-of-day plans for pickup, bus ride, walk home, etc. with your child
- ☐ Plan for first-day breakfast
- ☐ Read a back-to-school book at bedtime to reassure or build excitement
- ☐ Other: _____
- ☐ Other: _____

FIRST DAY OF SCHOOL

- ☐ Get up a little early and follow your morning routine
- ☐ Eat a good breakfast or remind student of school breakfast procedures
- ☐ Take some First Day photos
- ☐ Be ready to leave a little early for bus stop, walk, or drop-off line
- ☐ Confirm with your student how they will get home at the end of the day
- ☐ Plan a celebration that evening to mark the special day!
- ☐ Other: _____
- ☐ Other: _____